2 YEAR OVERVIEW OF PE AT IVY CHIMNEYS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	**HTC** Games based skills learning in: Handling Throwing Catching (Grading Award) Dance	Invasion Games: <u>Year A</u> Basketball Invasion Games: <u>Year B</u> Netball Gymnastics	**FIT** Fitness Interval Training (Grading Award) Indoor Athletics	Invasion Games: <u>Year A</u> Football Invasion Games: <u>Year B</u> Tag-Rugby Yoga	**SAQ** Speed Agility Quickness (Grading Award) Athletics Run, jump, throw	Striking and Fielding: <u>Year A</u> Cricket/rounders/3 Tees Net & Wall Games: <u>Year B</u> Tennis/Badminton Sports Day
Year 1&2	**IHTC** Games based skills learning in: Handling Throwing Catching (Grading Award) Dance	Invasion Games: <u>Year A</u> Basketball Invasion Games: <u>Year B</u> Netball Gymnastics	**FIT** Fitness Interval Training (Grading Award) Indoor Athletics	Invasion Games: <u>Year A</u> Football Invasion Games: <u>Year B</u> Tag-Rugby Yoga	**SAQ** Speed Agility Quickness (Grading Award) Athletics Run, jump, throw	Striking and Fielding: <u>Year A</u> Cricket/rounders/3 Tees Net & Wall Games: <u>Year B</u> Tennis/Badminton Sports Day

Year 3&4	**IHTC** Games based skills learning in: Handling Throwing Catching (Grading Award) Dance	Invasion Games: <u>Year A</u> Basketball Invasion Games: <u>Year B</u> Netball Gymnastics	**FIT** Fitness Interval Training (Grading Award) Indoor Athletics Swimming (Year 3, 10wks)	Invasion Games: <u>Year A</u> Football Invasion Games: <u>Year B</u> Tag-Rugby Yoga Swimming (Year 3, 10wks)	**SAQ** Speed Agility Quickness (Grading Award) Athletics Run, jump, throw	Striking and Fielding: <u>Year A</u> Cricket/rounders Net & Wall Games: <u>Year B</u> Tennis/Badminton Sports Day
Year 5&6	**HTC** Games based skills learning in: Handling Throwing Catching (Grading Award) Dance	Invasion Games: <u>Year A</u> Basketball Invasion Games: <u>Year B</u> Netball Gymnastics	**FIT** Fitness Interval Training (Grading Award) Indoor Athletics	Invasion Games: <u>Year A</u> Football Invasion Games: <u>Year B</u> Tag-Rugby Outdoor/Adventure: Orienteering, Climbing @ Mile End School Journey (Climbing, Kayaking, Caving)	**SAQ** Speed Agility Quickness (Grading Award) Athletics Run, jump, throw	Striking and Fielding: <u>Year A</u> Cricket/rounders Net & Wall Games: <u>Year B</u> Tennis/Badminton Sports Day

*Teachers may vary the time units are taught during an academic year.